Additional Resources

Western Pennsylvania Easter Seals
2525 Railroad st.
Pittsburgh, PA 15222
412-281-7244
1-800-587-3257
www.westernpa.easterseals.com

Hope Network
PO Box 1140
Guys Run Road
Pittsburgh PA, 15238
412-826-2771
www.hopenetwork-pa.org

Special Kids Network
5320 North Pioneer Rd
Gibsonia, PA 15044
1-800-986-4550
www.paskn.org

This pamphlet was created by Brittany Lingafelt, a physical therapy student at Duquesne University, in cooperation with the Western PA School for Blind Children as part of a clinical affiliation.

The Western Pennsylvania School for Blind Children
201 North Bellefield ave
Pittsburgh, PA 15213
412-621-0100
www.wpscb.org

Summer Activities for Children with Special Needs!

April, 2010
Summer Camps

Camp Variety for Kids
A free summer day camp program for children with disabilities and their siblings, ages 6 to 21. This camp welcomes children of all abilities to participate in safe mental and physical stimulation. Activities include swimming, dancing, play, sports, and arts and crafts. Additional information: 412.747.2680 or info@varietypittsburgh.org
https://varietypittsburgh.org/CampVarietyForKids.htm

Sharp Visions Therapeutic Activities Camp
This camp accommodates campers between the ages of 3 and 20 whose disabilities and behaviors may have proven to be too significant for them to be served at other camps. A 1:2 staff-to-camper ratio ensures that each camper has an opportunity to take advantage of everything the camp has to offer. Siblings and children of Sharp Visions staff are welcome to attend camp, creating an inclusive environment for all campers. Locations in Bethel Park, Cranberry Township and Pittsburgh. 412.456.2144
http://www.sharpvisions.org

Camp Success
Camp Success provides summer programming for low-income families who have a child or children with special needs. Accommodates children ages 6-12 with physical, sensory, emotional, behavioral and cognitive needs and their siblings
Contact Amy Haid at 412.420.2316
http://www.amazingkids.org

Pittsburgh Zoo and PPG Aquarium
Zoo Camp available for children ages 4-13, available in half and full day sessions. Children with special needs can be accompanied by an aid (with appropriate clearances). 412- 665-3640 or 1-800-474-4966
http://www.pittsburghzoo.com/Education/SummerPrograms/SummerZooCamp

Art, Music and Museums

Pittsburgh CLO- New Horizons Program
New Horizons is a musical theater training program for children and adults with developmental and/or physical disabilities. Includes acting, dance and vocal classes in one weeknight or weekend programs. Open to students of all abilities. The New Horizons program also offers classes for students with diagnoses in the autism spectrum. 412-281-2234
http://www.pittsburghclo.org/pages/new-horizons

Fiddlesticks Family Concerts by the Pittsburgh Symphony Orchestra
For children ages 3-8. Variety of interactive musical activities with Discovery Time Activities and Musical Concerts. Dates and times vary.
http://www.pittsburghsymphony.org/pghsymph.nsf/principalconsultant/seriestypes="Fiddlesticks"

The Children’s Museum of Pittsburgh
The museum offers a variety of classes and exhibits for children of all ages and their family. The building is wheelchair accessible. 412.322.5058
http://www.pittsburghkids.org

Center for Theater Arts
Full year of weekly classes in the performing arts for ages 5 to adult including singing, dance, and acting. The classes culminate in a year-end performance. 412-563-5080
http://www.centerfortheaterarts.org/new_students.html
Miracle League of South Western Pennsylvania

Offers multiple divisions to accommodate players of all ages and abilities. Assistance is available for each individual throughout the game. This program allows all children to play baseball in a safe and fun environment. Early registration recommended, registration fee of $35.
724-831-7392 http://www.mlswp.org
info@miracleleagueofsouthwesternpa.org

River Kids

A gym for all children. This recreation facility works closely with physical, occupation, and speech therapists to develop individual programs for children with special needs. Open gym times, classes and one-on-one therapy times are available. Located in Indiana Township.
412-767-5967 www.riverkidsgym.com

Steel City Icebergs

Pittsburgh’s USA disabled hockey team for athletes with Down Syndrome, Autism, and developmental delay. No previous ice hockey experience is required, however full ice hockey equipment is required. A limited number of equipment sets have been donated to the program and may be borrowed based on availability. Contact Stephanie Maust at 724-712-3779 or samaust@zoominternet.net
www.pittsburghspecialhockey.org

Three Rivers Adaptive Sports

Provides year-round recreational opportunities for people with disabilities, their family and friends. Members enjoy camping, canoeing, kayaking, water or snow skiing, bowling leagues and more.
www.traspa.org 412-848-8896

Camp Achieva

Overnight camps for children and adults with intellectual and developmental disabilities. Residential programs, weekend, and day trips are also available. This provides opportunity for group living, as well as an opportunity to maintain and enhance personal health. This camp aims to enhance campers’ self esteem and self worth through providing a meaningful role within the camp community.
Contact: Karen Vodenicaher
724-775-1602 x10
1-866-462-CAMP
www.achieva.info

Woodlands Foundation

Overnight camps, weekend retreats, sports, music and arts, wellness classes, and golf offered to campers. All facilities are fully adaptive and staff is trained in working with all levels of abilities. (most up to age 18, young adult camps to age 30)
Wellness- Aquatics programs, Fitness programs
Creative Arts (age 8-18)- painting, sculpting and mosaics with an art therapist
Mazeroski sports camp (ages 8-18)
Weekend Retreats- offer an opportunity to choose from activities involving creative expression, sports and recreation, learning and socialization.
Fun and Friends Program- Weekly program providing an opportunity for socializing with new friends and developing skills for independence.
No handicap golf club- Wheelchair accessible golf course with year round instruction and resources for children and adults of all ages and abilities (412-935-5470)
134 Shenot Road
Bradford Woods, PA
724-935-6533
www.woodlandsfoundation.org
Sports and Recreation

Learn to Swim
Provided through the Easter Seals of Western Pennsylvania. Any child 14 years of age or younger with a disability and their siblings are eligible to participate. The learn to swim program provides a six week water safety course to children with disabilities and their siblings in Venango County. [http://westernpa.easterseals.com](http://westernpa.easterseals.com)

T-Ball
Provided through the Easter Seals of Western Pennsylvania. T-Ball programs available for children 16 and under, as well as over 16 years old with a disability in Venango County may participate in the T-ball program. There is no cost to participants. Information regarding Easter Seals programming available at 814-437-3071 ext 19 [http://westernpa.easterseals.com](http://westernpa.easterseals.com)

In Stride Therapeutic Riding
Provides recreational horseback riding for children and adults with disabilities. Lessons held at Morning Star Stables in South Park, PA. [www.instridetherapeuticride.org](http://www.instridetherapeuticride.org) 412-302-5393
Find more centers at [http://www.narha.org](http://www.narha.org)

Mighty Penguins
Pittsburgh Amateur Hockey Association sled hockey team. Open to all individuals with limited physical abilities. This is a competitive sports team that participates in numerous tournaments in the Eastern US. [www.amateurpenguins.com](http://www.amateurpenguins.com)

Sports Vision
Provides numerous sport and recreation activities including Kennywood picnics, darts, bowling and more for children with visual impairments and their families. Numerous events throughout the year. 412-429-1996, [www.mysportsvision.org](http://www.mysportsvision.org)

Sports and Recreation

Three Rivers Heritage Trail
Entire trail is ADA compliant. This is an “urban rail-trail” paralleling the Pittsburgh riverbanks for 25 miles. Accessible bathrooms along the trail at Point State Park. [www.friendsoftheriverfront.org/map/](http://www.friendsoftheriverfront.org/map/)

Harrison Hills Park
1/3 mile loop completely paved offering wide trails to accommodate wheelchairs and other assistive devices. Trail begins and ends in paved parking lot. Trail includes accessible pavilions, overlooks, and picnic areas. Located in Harrison Township. [http://www.alleghenycounty.us/parks/hhfac.aspx](http://www.alleghenycounty.us/parks/hhfac.aspx)

Fishing Tournament
Children can enjoy a fun day of fishing with the Western PA Bass Association (WPBA). The WPBA and other volunteers help Variety’s kids with baiting their hooks, casting their rods, untangling their fishing lines, and getting their wheelchairs up to the water’s edge. Free for Variety families. Contact: [info@varietypittsburgh.org](mailto:info@varietypittsburgh.org)
[https://varietypittsburgh.org/FishingTrip.htm](https://varietypittsburgh.org/FishingTrip.htm)

KinderKinetics
For children with disabilities. A variety of teaching methods are utilized to ensure success, [available for Fall and Spring sessions only (NOT SUMMER)](http://www.kinderkinetics.pitt.edu). Programs for ages 3-6 include motor development and creative movement, throwing, catching, and kicking. Programs for ages 7-12 include sport related skills including floor hockey, tennis and basketball.
140 Trees Hall
Pittsburgh, PA 15261
412-648-9183
[www.kinderkinetics.pitt.edu](http://www.kinderkinetics.pitt.edu)